

PNY Swimmin’
2015 Holiday Invitational
An A+-BB-B-C Competition
December 5-6, 2014

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.

SANCTION NUMBER: 15SEPNY12-5
Southeastern Swimming, Inc

SANCTION NUMBER FOR TIME TRIAL: 15SEPNY12-5

HOSTED BY:

PNY Seahawk Swimmin’: 401 North 57th Avenue Pensacola, FL 32506

LOCATION:

Bodenhamer Recreation Center 310 W. 19th Ave Gulf Shores, AL 36542 251-968-4420

FACILITIES:

- (A) 6-lane, 25 yard indoor competition pool with a 4 foot minimum depth, non-turbulent lane lines and fully automatic Colorado electronic timing system. The deep end of this beautiful L-shaped pool can be made available for warmdown with direct coach supervision.
- (B) The competition course has not been certified in accordance with 104.2.2C(4). At turning end: depth 5 feet 1 meter from the wall. and depth 5 feet at 5 meters from the wall, at the starting end: depth 4 feet 1 meter from the wall. and depth 4.5 feet at 5 meters from the wall.
- (C) Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.
- (D) Coaches shall display, in an obvious location, their USAS membership cards to be allowed on deck at any SES sanctioned meet. Compliance shall be the responsibility of the Host Meet Referee/director – they may assign the responsibility to other meet personal (ie. Clerk of Course). Therefore all coaches are required to sign in with the Clerk of Course and must be prepared to show their coaching credentials at any time".
- (E) Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms

RULES: Current USA swimming rules will govern the conduct of the meet unless otherwise noted herein.

OFFICIALS: Meet Director: Michael Balog
Meet Marshall: Michael Balog

Referee: Win Hansen
Starter: Gerald Baird

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without either 2015 or 2016 registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's age on the first day of the meet will determine his or her age for the entire meet. On-deck registration will not be permitted.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session. **Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

STARTING TIMES:

Warm-up

Competition

Saturday AM:	7:30 AM	9:15 AM
Saturday PM:	Immediately after AM events	Not before 11:30 AM
Sunday AM:	7:30 AM	9:15 AM
Sunday PM:	Immediately after AM events	Not before 11:30 AM

The meet director reserves the right to reorganize the meet as necessary to stay within the guidelines of USA swimming. Warmup times may be changed and sessions may be combined. Entered teams will be notified three days after entries are due if changes have been made.

ENTRIES: Teams who have HYTEK'S Meet/Team Manager should submit their entries by E-mail.. Entry forms must be completely filled out including the swimmers' best times for yards. Please provide a written copy of entries for verification purposes. Disks with results will be returned at the end of the meet

DISABILITIES: Swimmers with disabilities are welcome and should complete the Information Form for Disabled Swimmers and return it with the entries.

DEADLINE: Entry disks and/or printouts, summary/release sheets, and entry fees including surcharges must be received by the Entries Chairman on or before Wednesday, November 25, 2015. **Late entries** will be accepted for available lanes only until Sunday, December 6, 2015 until 1:00 PM. No new heats will be formed.

COMPLETED ENTRIES SHOULD BE MAILED TO OR EMAILED TO: pnycoachtrey@gmail.com

Trey Taunton
92 Garfield Dr
Pensacola, FL 32505
850-554-0625

FEES: **\$4.50** per individual event, **\$5.50** per event for entries after the Late Charges
\$3.00 per swimmer SES surcharge, **\$5.00** Surcharge for swimmers from outside the Southeastern LSC.
\$6.00 facility surcharge. (Waived for Outreach athletes – we will take the coaches word on this)
Please make checks payable to: ADG-PNY Inc. All entry fees are nonrefundable.

LIMITS: Swimmers are limited to 5 individual events per day, exclusive of relays. Entries will be limited to 200 swimmers per session.

MEET FORMAT: This is a timed finals meet. All events will be pre-seeded. PNY reserves the right to combine sessions or by vote of the attending coaches by Sunday, November 29, to move the 11-12 Boys to the afternoon, or to combine sessions if logistically necessary in order to provide the best competitive environment for the swimmers.

AWARDS: Ribbons for places 1-6 for individual events for A times or better swimmers, ribbons for places 1-6 for individual events for BB swimmers, ribbons for places 1-6 for individual events for B swimmers, ribbons for places 1-6 for individual events for C swimmers. Senior events awarded as 13-14 and 15 and Older. **Final placing to be determined by entry time.** Please pick up all awards before leaving!! Standard Breakers will receive special awards only and will not be placed 1st thru 6th.

COACHES' MEETING: A coaches' meeting will be held 5 minutes prior to the start of each session.. No swimmers will be allowed in the pool during this time.

Recycling: The LSC recommend, not require, to all meet directors to provide recycling opportunities for plastic bottles during swim meets. Additionally, we add to the meet reports turned in by meet directors three items and a comment item:

(1) Was recycling for plastic bottles offered? (2) How many trash bags of recycling were collected? (3) Additional comments about recycling (ease, difficulties, other items recycled?) (4) Send to Tom Healey at the SE Office.

MEET EVALUATIONS:

Please send any comments, suggestions, or evaluations concerning the meet to:

Philip Kraus - SES General Chairman
P.O. Box 30318
Pensacola, FL 32503

The following paperwork has been attached:
2013-2014 Waiver, Acknowledgment and Liability Release
Southeastern LSC Information Form for Swimmers with a Disability.
Team Information and Summary of Fees Form
SES Consolidated Entry Form
Unaccompanied Swimmer Coaching Assignment Form

Pensacola Navy Youth Seahawks
Holiday Invitational

Please Note: C Swimmers, B Swimmers, BB swimmers, A+ Swimmers will be awarded separately. Senior division will be awarded in 13-14 and Senior age divisions.

SPRINT SATURDAY

Session One - Warmup will begin at 0730, competition begins at 0915.

<u>Girls</u>	<u>Boys</u>	<u>Ages</u>	<u>Event</u>
1	2	8 & Under	25 Back
3	4	10 & Under	50 Back
	5	11-12	50 Back
6	7	8 & Under	25 Free
8	9	10 & Under	50 Free
	10	11-12	50 Free
11	12	8 & Under	25 Breast
13	14	10 & Under	50 Breast
	15	11-12	50 Breast
16	17	8 & Under	25 Fly
18	19	10 & Under	50 Fly
	20	11-12	50 Fly
21	22	8 & Under	100 IM
23	24	10 & Under	100 IM
	25	11-12	100 IM

Session Two - Warmups will begin immediately following the morning session, competition not to begin before 1130. Senior events awarded as 13-14 and Senior.

<u>Girls</u>	<u>Boys</u>	<u>Ages</u>	<u>Event</u>
26	27	Senior	100 Back
28		11-12	50 Back
29	30	Senior	100 Free
31		11-12	50 Free
32	33	Senior	100 Breast
34		11-12	50 Breast
35	36	Senior	100 Fly
37		11-12	50 Fly
38	39	Senior	50 Free
40		11-12	100 IM
41	42	Senior	200 IM

DISTANCE SUNDAY

Please Note: C Swimmers, B Swimmers, BB swimmers, A+ Swimmers will be awarded separately. Senior division will be awarded in 13-14 and Senior age divisions.

Session Three - Warmup will begin at 0730, competition begins at 0915.

<u>Girls</u>	<u>Boys</u>	<u>Ages</u>	<u>Event</u>
	43	11-12	200 IM
44	45	8 & Under	50 Back
46	47	10 & Under	100 Back
	48	11-12	100 Back
49	50	8 & Under	50 Free
51	52	10 & Under	100 Free
	53	11-12	100 Free
54	55	8 & Under	50 Breast
56	57	10 & Under	100 Breast
	58	11-12	100 Breast
59	60	8 & Under	50 Fly
61	62	10 & Under	100 Fly
	63	11-12	100 Fly

Session Four - Warmups will begin immediately following the morning session, competition not to begin before 1130. Senior events awarded as 13-14 and Senior.

<u>Girls</u>	<u>Boys</u>	<u>Ages</u>	<u>Event</u>
64		11-12	100 Back
65	66	Senior	200 Back
67		11-12	100 Free
68	69	Senior	200 Free
70		11-12	100 Breast
71	72	Senior	200 Breast
73		11-12	100 Fly
74	75	Senior	200 Fly
76		11-12	200 IM

2015 - 2016 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The United States Government, NTTCC Corry Station, NAS Pensacola, the Aquatic Development Group, Inc., the Pensacola Navy Youth Swim Team, the Bodenhamer Recreation Center and municipality of Gulf Shores, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

SOUTHEASTERN LSC INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____ Age and Birth date:

_____ Events to be swum: _____ / _____ / _____ / _____ /

_____ / _____ / _____ / _____ / _____ / _____ / _____ / _____ /

Type of Disability Blind ___ Cognitive/Intellectual ___ Deaf ___ Physical ___ Other ___

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director Email

Meet Referee Email

Disability Chair Email: Robin@seastarsaquatics.org

Robin Heller 850-418-0645

TEAM INFORMATION

CLUB NAME:		INITIALS:	
ADDRESS:			
LSC:		HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:	
FAX NUMBER:		CELL PHONE:	EMAIL:
COACHES ATTENDING:	NAME		COACHES CARD EXPIRATION DATE
	1.		
	2.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:		ATTACHED:	
		UNATTACHED:	
		TOTAL:	

SUMMARY OF FEES

NUMBER OF SWIMMERS:	(SES)	X \$3.00 SES SURCHARGE	=	
NUMBER OF SWIMMERS:	(non-SES)	X \$5.00 SES SURCHARGE	=	
NUMBER OF SWIMMERS:		X \$5.00 FACILITY FEE	=	
NUMBER OF IND. EVENTS:		X \$4.00 PER EVENT ENTRY FEE	=	
TOTAL DUE:				

Times should be in **SHORT COURSE YARDS**

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						