

WARMUP SCHEDULE

2010 Holiday Invitational

For teams that are sharing lanes, for everyone's safety, please try to separate your athletes into abilities.

**The average number of athletes in each lane is
Sat AM (13), Sat PM (15), Sun AM (8), Sun (12).**

SATURDAY	AM-Session A 0745-0825	AM-Session B 0825-0905	PM Session 1230-1310
LANE 1	GSST/HMAC	TNT	SUNS/HMAC/T NT
LANE 2	GSST/HMAC	TNT	SUNS/HMAC/T NT
LANE 3	PNY/SAY	AUB	PNY/SAST/BLA S
LANE 4	PNY/SAY	GPAC/BWB	PNY/SAST/BLA S
LANE 5	BLAS/SEALS	SUNS	SEALS/GSST
LANE 6	BLAS/SEALS	SAST/LATE	GPAC/AUB

SUNDAY	AM-Session A 0745-0825	AM-Session B 0825-0905	PM Session 1205-1245
LANE 1	TNT	GSST/SAY	SUNS/HMAC
LANE 2	TNT	GSST/SAY	SUNS/HMAC
LANE 3	PNY	AUB	PNY/SAST/TNT

LANE 4	PNY	BLAS	PNY/SAST/TNT
LANE 5	SAST/BWB	SUNS/SEALS	SEALS/GSST/B LAS
LANE 6	GPAC	SUNS/SEALS	AUB/GPAC