

WARMUP SCHEDULE

2010 Holiday Invitational

For teams that are sharing lanes, for everyone's safety, please try to separate your athletes into abilities.

The average number of athletes in each lane is
Sat AM (13), Sat PM (15), Sun AM (8), Sun (12).

SATURDAY	AM-Session A 0745-0825	AM-Session B 0825-0905	PM Session 1230-1310
LANE 1	GSST/HMAC	TNT	SUNS/HMAC/T NT
LANE 2	GSST/HMAC	TNT	SUNS/HMAC/T NT
LANE 3	PNY/SAY	AUB	PNY/SAST/BLA S
LANE 4	PNY/SAY	GPAC/BWB	PNY/SAST/BLA S
LANE 5	BLAS/SEALS	SUNS	SEALS/GSST
LANE 6	BLAS/SEALS	SAST/LATE	GPAC/AUB

SUNDAY	AM-Session A 0745-0825	AM-Session B 0825-0905	PM Session 1205-1245
LANE 1	TNT	GSST/SAY	SUNS/HMAC
LANE 2	TNT	GSST/SAY	SUNS/HMAC
LANE 3	PNY	AUB	PNY/SAST/TNT

LANE 4	PNY	BLAS	PNY/SAST/TNT
LANE 5	SAST/BWB	SUNS/SEALS	SEALS/GSST/B LAS
LANE 6	GPAC	SUNS/SEALS	AUB/GPAC